



The **Methodist** Church

Blackheath and Crystal Palace Circuit Quarterly Newsletter

Issue 49

June 2024

Superintendent Minister's Letter: 'Mustard Seed'

'How shall we picture the Kingdom of God, or what parable shall we use to describe it? It is like a mustard seed; when sown in the ground it is smaller than any other seed, but once sown, it springs up and grows taller than any other plant, and forms branches so large that birds can roost in its shade'
(Mark 4:30-32)

Dear friends,

Jesus loved to tell parables like this one which were drawn from people's own experiences of life and their own observations of the world. He regularly told stories that made people think about how events they had seen with their own eyes could relate to their own faith in the living God.

The parable of the mustard seed is an example of a 'Parable of growth'. A parable which shows the way in which under God's loving care and guidance, his Kingdom can grow from something as small, and apparently insignificant as a tiny mustard seed to become so large as a bush large enough that even birds can roost in its shade.

This parable is a reminder that a tiny seed of faith, sown in the heart of a believer at a young age can, with the guidance of the Holy Spirit and the help and support of a loving church family can become something great and strong in later life. How many great lives of faith from the early Prophets to the great Christian leaders of our time have come from small and humble beginnings? How many great things from the abolition of slavery to the fall of Apartheid have been achieved by people of faith from humble origins.

I continue to believe that despite a narrative of decline, our churches continue to be exciting places of growth where lives are changed as God's purposes are found and nurtured. Just look around the churches of our circuit and you will see countless examples of initiatives driven by ordinary people of faith with a passion for what they believe in. From weekly fellowship groups, circuit youth work or Toddler church, scores of people

**Anerley Burnt Ash Eltham Park Forest Hill Hither Green
Lewisham Sunfields Upper Norwood Wesley Hall**

work by regularly sowing those seeds of faith that they know have the ability to grow to something of significance in their world.

May we be encouraged to sow those seeds of faith with hope and confidence in our world. May we know that under God's guidance, these seeds will grow to bear the fruits of his bountiful Grace, this day and forevermore.

Yours sincerely,

Richard

Blackheath & Crystal Palace Circuit



Weekly Thursday Morning zoom Bible Study

Finding 'The Way' together

Thursday mornings 10.00am to 11.00am facilitated by Margaret Boreham

The zoom opens at 9.45am with the study beginning at 10am. Conversations are based on a Bible passage and there will be questions to make us think and rethink. There is an opportunity and time to share thoughts and questions. Closing remarks are at 11am for those who want just an hour, but stay open after 11am for anyone keen to chat or continue the conversations sparked by the Bible Study.

Margaret on mboreham5@gmail.com, 07483 86 86 12

Recurring zoom link:

<https://zoom.us/j/98461065032?pwd=NTJFUmJlWHVubjZwaWVCNzd0MlEvdz09>

Circuit website: bhcpmethodist.org.uk

Deadline for information for next newsletter: 20th August 2024

Articles, posters for forthcoming events etc always welcome

Please email details to: office.bcp@btinternet.com

**Anerley Burnt Ash Eltham Park Forest Hill Hither Green
Lewisham Sunfields Upper Norwood Wesley Hall**

Bible Month June 2024: Exploring Genesis



'Genesis is the starting point for all Christian theology and explores many of the foundational questions of life and faith: 'Who is God', 'What is God like?', 'How does God interact with the world?', 'How is that world meant to be?', 'What does it mean to be human?', 'What does it look like to be God's people'...

Through the book, we get to journey with many different characters as they wrestle (sometimes literally!) with finding answers to these questions in the midst of the messiness and uncertainty of life.'

Bible Month – what will it look like?

Following positive engagement with the books of Revelation and Isaiah over Bible month in the last two years, the Blackheath and Crystal Palace Circuit is hoping to engage with this year's Bible Month in June exploring the book of Genesis. Churches are encouraged to engage with this material through Sunday worship, Bible studies, fellowship discussions and any other ways they may see fit. The stories of Genesis divide neatly into 4 bit-sized chunks, which we'll take each at a time over 4 weeks:

Week 1: 2nd June The Sovereign God who Creates (Chapters 1-11)

Exploring God's creation of heaven, Earth and humanity and how God reaffirms God's covenant and promise after the flood with Noah.

Week 2: 9th June The God who Calls and Blesses (Chapters 12-25)

Exploring God's relationship with Abram and Sarai and their rocky journey as they are called from their homeland, promised numerous descendants and are eventually blessed with their son Isaac.

Week 3: 16th June The God who Comes to People in their Struggles (Chapters 25-36)

Exploring the volatile relationship between Isaac's twin sons, Jacob and Esau, and how Jacob is transformed by an encounter with the divine in preparation for their reconciliation.

Week 4: 23rd June The God who Confirms and Safeguards Divine Promises (Chapters 37-50)

Exploring the story of Joseph as God cares for him, his estranged family, and his future through the turmoil of enslavement, prison, and foreign powers.

**Anerley Burnt Ash Eltham Park Forest Hill Hither Green
Lewisham Sunfields Upper Norwood Wesley Hall**

Resourcing Bible Month

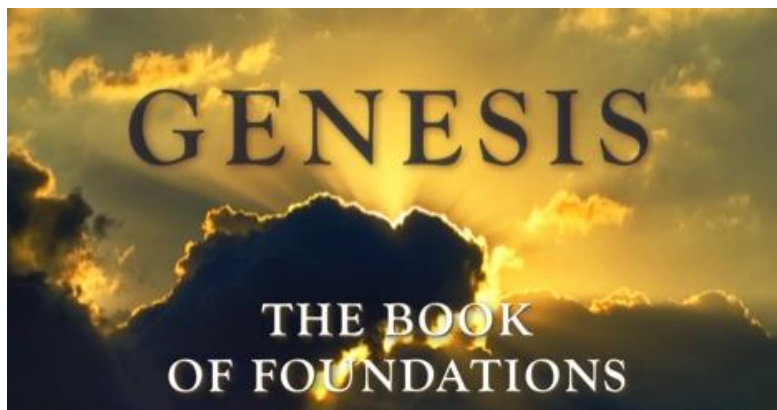
The 'Bible Month–Genesis' resource booklet will be circulated to every church and local preacher in the circuit to enhance worship preparations for both preachers and local arrangements. The booklet contains weekly theological reflections from esteemed Biblical scholars, service preparation ideas, possible preaching points, interactive resources, and small group study guides.

There are also many more resources available including:

- Bible month training day video - <https://www.youtube.com/watch?v=x8MmazNO7g>
This training includes keynote addresses/reflections on Imagining Genesis, Genesis and science, creation care, stories of God, and the Matriarchs (the timings for each of these can be found in the video info section, underneath the video).
- A short introduction to Genesis video: https://www.youtube.com/watch?v=DX_xAt8-kgs (promo)
- A Genesis daily reading guide:
https://d1yuutt686hfi0.cloudfront.net/media/documents/3769-bible-month-2024_genesis-web.pdf
- Singing The Faith + resource and hymn suggestion sheet:
https://d1yuutt686hfi0.cloudfront.net/media/documents/BM_2023_StF_Resources_2.pdf
- Further resources (including a Bible journaling tool and Theme animations for each week) are on their way and can be expected to be uploaded to this page when ready:
<https://www.methodist.org.uk/faith/the-bible/bible-month/>

Choosing Bible Passages

Those following the lectionary during Bible month will notice that each week covers a large number of chapters. While we encourage those leading worship to engage with the material and consider what readings may fit best with each service/context we recognise that is also a time-consuming exercise and have, therefore, offered manageable reading suggestions as indicated on the preaching plan. This should not discourage those reading or studying in their own time to read the full chapters as indicated for each week.



**Anerley Burnt Ash Eltham Park Forest Hill Hither Green
Lewisham Sunfields Upper Norwood Wesley Hall**

Blackheath & Crystal Palace Circuit



‘Our Circuit, Our Future’

on

Saturday 14th September 2024

at

Burnt Ash Methodist Church

Refreshments available

Bring and Share Lunch

10am-1pm

All Are Welcome



**Anerley Burnt Ash Eltham Park Forest Hill Hither Green
Lewisham Sunfields Upper Norwood Wesley Hall**

Mandatory Unconscious Bias and Equality, Diversity and Inclusion training

Many of you have now completed the Unconscious Bias training either in your own church, or at the recent Circuit face-to-face training. This is to let you know that, having completed this initial training, you now need to complete the second section. This can either be done on-line, or at a face-to-face session being organized by the Circuit.

Further details of who is required to undertake this training can be found :

<https://www.methodist.org.uk/for-churches/the-inclusive-methodist-church/training-for-justice-dignity-and-solidarity/mandatory-edi-training-equality-diversity-and-inclusion/>

If you wish to take the EDI training on-line, please go to

<https://mcb.theologyx.com/courses/>. You can either log on and do this in their own time, or you could get together as a group to complete the training, with one person logging on.

Or **SAVE THE DATE**: Saturday 26th October 2024, when the Circuit has asked Stuart Watkin to lead a face-to-face training session on EDI. Further details to be made available nearer the time.

DON'T FORGET TO SEND A COPY OF YOUR CERTIFICATE TO THE CIRCUIT OFFICE SO THAT YOUR RECORD CAN BE UPDATED: office.bcpc@btinternet.com

Open Manse

All are welcome to join Rev. Craig and Louise Gaffney in their manse garden on

Saturday 27th July 2024

Drop in anytime from 1pm to 4pm

Food/drink provided

18 Winn Road, SE12 9ET

Please bring a camp chair if you're able as seating is limited

Donations welcome for Extra-Mile School in Sierra Leone

No dogs will be in the property on the day of the open manse

MISSION IN BRITAIN 'TEA AND TOAST': Saturday 24th January 2024

Many congratulations to Mary Sparkes and the Missions Committee, the above event raised a magnificent £348 (incl. gift aid). Grateful thanks to all concerned, and to Martin, Janet and Jan who provided musical accompaniment – a real bonus

**Anerley Burnt Ash Eltham Park Forest Hill Hither Green
Lewisham Sunfields Upper Norwood Wesley Hall**

Circuit Easter Offering Dedication Service – ‘Let Justice Roll’
4.30pm on 5th May 2024 at Forest Hill Methodist Church

Hebrews 10:25 says: ‘And let us not neglect our meeting together as some people do but encourage one another especially now that the day of His return is drawing near.’ Coming together as a Circuit is a wonderful opportunity to gather as worshippers, to acknowledge and give thanks for the generosity of our people for the work of God. This act of worship when we dedicate our Easter Offering is always an inspiring and meaningful service when we hear how the World Mission Fund supports God’s mission in different parts of the world. The theme this year ‘Let Justice Roll’ tied in very well with ‘A Justice Seeking Church’, our claim from Walking with Micah project, and Let Justice Flow Lent Bible Study course prepared by Rev. Richard Grocott, which many of us enjoyed very much.

We were very pleased to welcome Rev. Nigel Cowgill as the Guest Preacher. He encouraged us to consider how we as individuals, churches and a Circuit can contribute to the work of justice and how we can be part of transforming the stories of the marginalised in our societies and world. Rev. Nigel spoke about his family background, delivering papers when he was young in Blackburn. He also gave an overview on two videos which were shown on the screen and reflected on the reading of Luke 18:1-8. Rev. Richard Grocott thanked him for coming, working in the Circuit for many years, for his leadership, grace, honesty, and integrity. Nigel will leave the office of the Chair of London District in August to join the Connexional team.

During the service we heard powerful stories from across the world of how the money we have donated previously has been part of changing communities and lives. Rev. Richard Grocott also paid tribute to Ira Fernando who passed away on 24th March 2024, highlighting how she showed so much commitment to Mission in our Church and Circuit for many years. Our thoughts and prayers are with her family, friends, those at Forest Hill, in the Circuit and wider community who knew her.

Thank you for such generous giving. To all who participated in the service giving the readings, stories and prayers. The accompanists, projectionist, administrative support, and everyone at Forest Hill Methodist Church for hosting us and providing refreshments. The total amount collected for the Easter Offering including the Lent drawstring bags will be notified soon.

Sibongile Mnguni
Secretary for Circuit Missions



Anerley Burnt Ash Eltham Park Forest Hill Hither Green
Lewisham Sunfields Upper Norwood Wesley Hall

Wondering if you're called to be...a worship leader?

Accredited Worship Leader Training

With many of our churches undertaking more local arrangement services each quarter, more people are becoming involved in the leading acts of worship within our communities.

While the circuit has previously offered unaccredited training days for those now leading worship in specific areas, we want to offer the opportunity for individuals locally to explore accredited worship leader training with the Methodist Church in Britain if they wish.

This training can be facilitated locally and would seek to gather worship leaders together from across the circuit.

There are 3 different levels of accreditation that can be explored, all of them draw on materials from the Local preachers and Worship Leaders training and incorporate devotionals, communal learning, self-directed study, and reflection tasks:

- Level 1: The lowest level – completes the ‘Encountering God in the life of the church’ module and culminates in one assessed service and one submitted piece of work. (locally accredited)
- Level 2: Mid-level – Adds a second module on ‘Encountering God in daily life’ onto Level 1 and culminates in an assessed service and two submission pieces. (locally accredited)
- Level 3: The highest level – This is the completion of 4 modules of the course (an additional two to the 2nd level) with an assessed service. The portfolio is assessed Connexionally and, if acceptable, forms half of the local preachers training course onto which worship leaders can continue if desired.

Anyone who has completed Levels 1, 2 or 3 is entitled, subject to the confirmation of the Local Preachers’ Meeting, to be appointed as a Worship Leader in their local church.

This training both offers the opportunity for communal learning, personal upskilling, and an accredited recognition of the work/learning.

If this is something you are interested in completing, please contact Rev. Craig:

craig.gaffney@methodist.org.uk

For more information go to <https://www.methodist.org.uk/for-churches/ministries/local-preachers-and-worship-leaders/worship-leaders/>

At this stage we are trying to gauge the interest within the circuit for this training.

**Anerley Burnt Ash Eltham Park Forest Hill Hither Green
Lewisham Sunfields Upper Norwood Wesley Hall**

Blackheath and Crystal Palace Circuit Envisioning Update on progress from the Way Forward Group

Progress report, Spiritual Growth:

- The Circuit now subscribes to 'The Vine', a resource produced by Twelve Baskets that provides weekly service material. This is being circulated widely to ministers, preachers, worship leaders, and others involved in leading worship. The material is already in use and provides a good alternative to Roots.
- Church Mission plans are being discussed locally for bringing forward to the Circuit. Several churches are already working on positive ideas and initiatives. It was agreed that it would be helpful if at least one of the Circuit reps from each church was on their missions planning group to facilitate two-way communication.
- Date of next Circuit Property Group Meeting 5th June 2024, 7.30pm at Burnt Ash. On the agenda will be a 'net zero' strategy for churches and manses. Some work has already been done on this with, for example, the improved insulation of the manses.

Progress report, Future Shape of the Circuit:

- There has been some good engagement with the Circuit Restructuring document. It is acknowledged that there are some concerns which will be taken seriously and discussed as appropriate.
- The Way Forward Group is organising a Circuit wide gathering called 'Our Circuit, Our Future' on Saturday 14th September at Burnt Ash, 10am to 1pm. This could include a 'Bring and Share' meal. The meeting would open with an act of worship organised by Craig and the Circuit youth group. Further details to follow.

The Way Forward Group meets via zoom and is open to anyone who wishes to contribute to discussions regarding the future of the Circuit in terms of Spiritual Growth and Restructuring. If you are interested in finding out more, please contact Garry Young youngall@btinternet.com or Linda Ryan office.bcpc@btinternet.com for further details.

Date of next meeting: **Thursday 18th July 2024, 7.30pm via zoom**

April 2024

Women Emulating Susanna Wesley (WESUW)

Meetings on the last Saturday of the month at Upper Norwood Methodist Church, 11am-1pm; 29th June; 27th July; 25th August

All are Welcome

**Anerley Burnt Ash Eltham Park Forest Hill Hither Green
Lewisham Sunfields Upper Norwood Wesley Hall**

Some of you may have received an email from Rev. William Davis regarding a Mission Trip to Ghana, departing Monday 30th September and returning Thursday 10th October 2024; this is to give you further details, and to extend the invitation to members across our Circuit.

Rev. William Davis has been involved in these trips since 2009, with several trips each year since then (excluding covid years). Those attending come from Circuits across the London District, and include Presbyters and members interested in the aims of the trip. The overall objective is to explore the faith in the Ghanaian context by interacting with both the clergy and lay in the urban and rural settings and to understand the concept of mission and evangelism. The group will visit some historical sites eg. Cape Coast Castle and projects that are being or have been sponsored by the Methodist Church Britain.

The invitation is open to anyone in the Blackheath & Crustal Palace Circuit, but early booking is essential as there are **only ten places available**. The total cost involved is £2,000, and this is for the flight, 4-star hotel accommodation, hiring of air-conditioned coach, meals and other miscellaneous expenses. Please contact Rev. William Davis if you wish to reserve a place on the trip.

The brief itinerary includes:

- paying a courtesy call on the staff at the Conference Office in Accra
- visiting the Methodist Rafiki Satellite Village (Orphanage) in the Winneba Diocese, to have a session with the children.
- a visit to Cape Coast Castle, to be briefed about the slave trade/ visit Sekondi Diocese.
- In the Northern Region (Tamale/Yendi), we will visit another area to explore the relationship between Christians and Muslims and we will visit some of the rural Methodist Churches to interact with the local people.

We are humbly inviting you to be part of this exciting trip to Ghana. The payment schedule will be paying £1,000 by 31st July 2024 and the remaining amount will be collected at the airport before we depart to Ghana.

William

Rev. William Davis

Tel.(mobile) 07930843207.

Email - william14da@yahoo.com

**Anerley Burnt Ash Eltham Park Forest Hill Hither Green
Lewisham Sunfields Upper Norwood Wesley Hall**



METHODIST ORPHANAGE

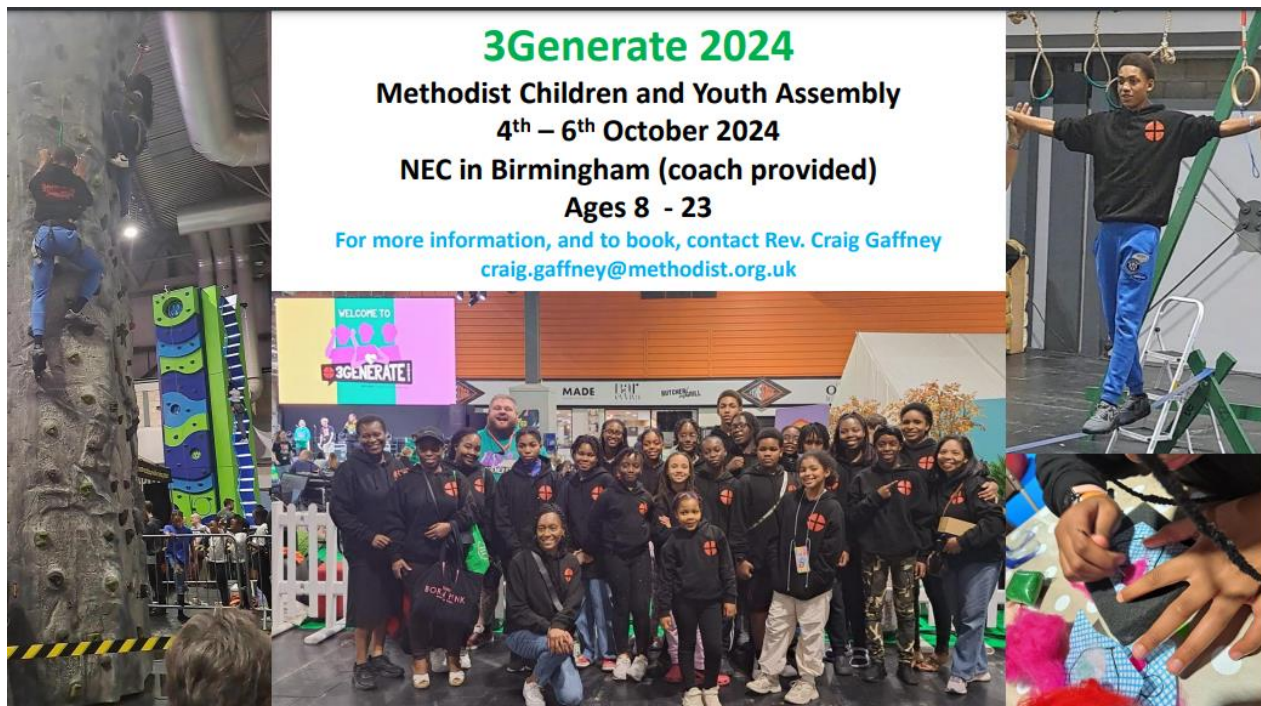


PRESENTATION OF BAND AND LAPTOPS



AT NALOGNI METHODIST SCHOOL

**Anerley Burnt Ash Eltham Park Forest Hill Hither Green
Lewisham Sunfields Upper Norwood Wesley Hall**



3Generate 2024

Methodist Children and Youth Assembly

4th – 6th October 2024

NEC in Birmingham (coach provided)

Ages 8 - 23

For more information, and to book, contact Rev. Craig Gaffney
craig.gaffney@methodist.org.uk

TALK AT FOREST HILL

10.30am on WED 19TH JUNE 2024

David Hardman who lives in Jerusalem will be at Forest Hill on 19th June to share with us what he knows about the ongoing situation between Palestine and Israel. David is The Methodist Liaison Officer who lives with, talks to and sees the people in the Middle East.

Further information available from Charles charles.ilunga@methodist.org.uk

DO YOU LIKE A GOOD TUNE?

THEN WHY NOT COME ALONG TO A CONCERT BY THE

ELTHAM PARK PLEASANT

SUNDAY AFTENNOON ORCHESTRA

30th June 2024, 28TH July at 3.00pm

ELTHAM PARK METHODIST CHURCH

Westmount Road SE9 1XX

🎵 **LIGHT CLASSICS** **SHOW SELECTIONS**

🎵 **FAVOURITE HYMNS** **POPULAR STANDARDS**

ADMISSION FREE **Refreshments available**

Anerley Burnt Ash Eltham Park Forest Hill Hither Green
Lewisham Sunfields Upper Norwood Wesley Hall

	Blackheath & Crystal Palace Circuit Forthcoming Events	
Weekly	Thursday morning zoom Bible Study All are welcome	10-11am
Wed 5 th June	Circuit Property and Resources Group Meeting Burnt Ash Methodist Church	7.30pm
Wed 19 th June	Talk at Forest Hill Methodist Church by David Hardman	10.30am
Thurs 20 th June	CLT meeting at Burnt Ash Methodist Church	7.30pm
Thurs 11 th July	Circuit Meeting at Sunfields Methodist Church	7.30pm
Thurs 18 th July	Way Forward Group meeting	7.30pm via zoom
Sun. 21 st July	Leaving service for Rev. Nigel Cowgill Hinde Street Methodist Church	6pm
Sat. 27 th July	Open Manse – 18 Winn Road, Lee SE12 9ET	1pm-4pm
Sun. 21 st August	Welcome service for Rev. Dr Jonathan Dean Hinde Street Methodist Church	7.30pm
Thurs 12 th Sept.	LP & WL meeting at Wesley Hall Methodist Church	7.30pm
Sat. 14 th Sept.	‘Our Circuit, Our Future’ open gathering at Burnt Ash Methodist Church with Bring and Share lunch	10am – 1pm <i>All are welcome</i>
Wed 25 th Sept.	Circuit Meeting: TBC	7.30pm
Sat. 26 th October	Equality, Diversity and inclusion (EDI) in- person training for church trustees	Time and venue TBC



London District Chair Rev Nigel Cowgill's Leaving Service will be on
Sunday 21 July 2024, 6pm-8pm at Hinde Street Methodist Church.

New London District Chair Rev Dr Jonathan Dean's Welcome Service will be on
Sunday 21 August 2024, 6pm-8pm at Hinde Street Methodist Church.

**Anerley Burnt Ash Eltham Park Forest Hill Hither Green
Lewisham Sunfields Upper Norwood Wesley Hall**



Local Preachers and Leaders of Worship Study Day

Saturday 8th June 2024 10am – 3pm

***“What can we learn about preaching and worship
from the Methodist Church in Ghana?”***

led by Rev’d Quophie Anochie Ababio

CHAPLAIN, Ghanaian Methodist Fellowship (UK&IR)

at St Mary’s Hall, Farleigh Court Rd, Farleigh, CR6 9PX

Please register at office@bromleymethodist.org or

020 8313 1029

Drinks will be provided, please bring a packed lunch.



**Anerley Burnt Ash Eltham Park Forest Hill Hither Green
Lewisham Sunfields Upper Norwood Wesley Hall**

LEWISHAM FOODBANK

Newsletter - April 2024

Our busy winter months are now behind us and we are excited to be making plans for spring and summer. In November we moved our offices and warehouse to a new premises, at **353H Bromley Road SE6 2RP**, opposite Homebase in Catford. Now that we are settled, we are really enjoying our lovely light and bright new space and it is great to be right next door to St John the Baptist CofE Church who run one of our welcome and distribution centres.



Thank you

As local churches you have supported us in so many different ways. This has included faithfully praying, organising both regular and special collections at Christmas and Harvest, carol singing, hosting concerts and inviting us to share in your churches. We are so grateful for your ongoing support as we seek to work with our Lord to be good news to the poor and see lives transformed.



Helping Churches Make a Difference

We are delighted to welcome back Rev Carol Bostridge to our Foodbank team. Carol was our Project Manager for 7 years up until July 2021. She is also a Baptist minister who has been involved in Churches Together across Lewisham and was a regional minister within the London Baptists. Carol is now volunteering with us and part of her role is to work with and support local churches. She would love an opportunity to speak with you and is also available to speak and preach at local churches mid-week and on Sunday.

Carol has a range of resources to help you explore what it is to *act justly, love mercy and walk humbly with our God* (Micah 6:8). These include looking at topics such as compassion, justice and community plus resources on how to pray and make a difference in your community.



We will be in touch later in the year about a Prayer and Thanksgiving evening which we hope to hold in June. This will be an opportunity for Christians across the borough to come together to thank God for his provision and to pray for all aspects of the Foodbank and the needs of our borough. You can get in touch with Carol on 07731 846301 or email faithinaction@lewisham.foodbank.org.uk.

Volunteers

Where would we be without our incredible volunteer teams? We are so grateful for our 150 or so brilliant and dedicated volunteers who work across our welcome centres and warehouse, as well as our driver teams. As well as navigating a warehouse move, our volunteers have rallied round and worked extremely hard throughout a busy winter where we provided food for almost 7000 people from November to February (this includes repeat visits). We have opportunities for new volunteers in a range of roles.

To find out more information about visit our website:
<https://lewisham.foodbank.org.uk/volunteering/>

The whole congregation of believers was united as one - one heart, one mind! They didn't even claim ownership of their own possessions. No one said, "That's mine; you can't have it." They shared everything. (Acts 4:35)

lewisham.foodbank.org.uk

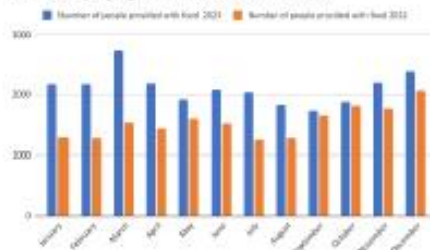
**Anerley Burnt Ash Eltham Park Forest Hill Hither Green
Lewisham Sunfields Upper Norwood Wesley Hall**



The Current Picture

In 2023 we saw a 37% increase in demand compared to 2022. We also saw an increase in people needing support from our Fuelbank and our Essentials fund (www.acts435.org).

Number of people provided with food: 2022 vs 2023



We have been working closely with the Council and a number of local organisations (Deptford Reach, Citizens Advice, LADPP, SELCE and Community Connections Lewisham) to improve accessibility to advice services and connection into local support for those who visit our foodbanks. We still hope and pray for the day when we no longer need foodbanks.

Hellos and goodbyes

Last August we said goodbye to Martin, our warehouse manager of 2 years. Martin had brought some incredibly helpful innovations to our warehouse. Glenn Elliott has now taken on the role of Warehouse Operations and Logistics Manager. Some of you may know Glenn as he has been volunteering at the foodbank for many years.



We appreciate Glenn's positive and encouraging manner and his love of bacon rolls.

Getting Involved

We can't do what we do without the support of local churches. Many of you already regularly give food and finance. Some of your congregation may already volunteer with us. We are so grateful. Some of you have asked for ideas of how best you can support Lewisham Foodbank. Here are some ideas:

- ☐ Invite Carol to come and share at a service or group
- ☐ Become part of a prayer WhatsApp group
- ☐ Join the pastoral team praying for visitors at our sessions
- ☐ Contact Carol to request resources to use with your church
- ☐ Give a monthly donation to help people on a journey to transformation
- ☐ Have a collection point for donations at your church and deliver to our warehouse
- ☐ Get involved with our seasonal campaigns: Harvest/Christmas/Lent
- ☐ Promote volunteering by displaying our posters
- ☐ Become a referral agency so you can signpost people in your community who need food
- ☐ Visit us
- ☐ Follow us on social media. Searching #ThisWeekWeNeed will indicate what items we need

Blessings,

Sarah Vitty
Project Manager
07828 410225
pm@lewisham.foodbank.org.uk

Rev Carol Bostridge
Faith Liaison Lead
07731 846301
Faithinaction@lewisham.foodbank.org.uk

Key Prayer Points

In all of our Foodbank centres we offer prayer to those who visit. We know the power of prayer and want to see more of God's transformative work in our community. We would love you to join with us in praying for these key areas:

For renewed strength and hope for our centre managers, staff team and volunteers as they continue to faithfully support visitors to our foodbanks.

For our visitors, that they will feel welcome and at peace when they walk through the doors and that they will experience something of God's love and kindness through their interactions. We pray for more opportunities to pray with people and to see Jesus transforming desperate situations and bringing light into darkness.

For opportunities for good conversations in our centres. That both volunteers and visitors will feel relaxed and listened to and will be able to be heard. We pray for protection over situations that have the potential to lead to aggression and frustration and that peace will prevail.

That we can offer meaningful advice and support in our centres to help people address the root causes of their food insecurity and help to see breakthrough in their situations.

Proverbs 31:8-9

Speak up for those who cannot speak for themselves, for the right of all who are destitute. Speak up and judge fairly; defend the rights of the poor and needy.

**Anerley Burnt Ash Eltham Park Forest Hill Hither Green
Lewisham Sunfields Upper Norwood Wesley Hall**